

Speaker Bios

Key Note- Jamie Marich, Ph.D., LPCC-S, LICDC-CS, REAT, RYT-500, RMT

Jamie Marich, Ph.D., LPCC-S, LICDC-CS, REAT, RYT-500, RMT travels internationally speaking on topics related to EMDR therapy, trauma, addiction, expressive arts and mindfulness while maintaining a private practice in her home base of Warren, OH. She is the developer of the Dancing Mindfulness approach to expressive arts therapy, the co-creator of the Yoga Unchained approach to trauma-informed yoga, and the creator of Yoga for Clinicians. She delivered a TEDx talk on trauma in 2015. Jamie is the author of EMDR Made Simple: 4 Approaches for Using EMDR with Every Client (2011), Trauma and the Twelve Steps: A Complete Guide for Recovery Enhancement (2012), Trauma Made Simple: Competencies in Assessment, Treatment, and Working with Survivors, Dancing Mindfulness: A Creative Path to Healing and Transformation (2015). In collaboration with Dr. Stephen Dansiger also wrote. EMDR Therapy and Mindfulness for Trauma Focused Care (Springer Publishing Company, November 2017). Her newest title, Process Not Perfection: Expressive Arts Solutions for Trauma Recovery, released in April 2019. North Atlantic Books is publishing a second and expanded edition of Trauma and the 12 Steps, due for release in the Summer of 2020.

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AA. I am a Trauma Informed Psychologist and Certified EMDR therapist as well as a dissociative survivor of trauma. I am the owner of a private psychotherapy practice offering individual and couples therapy as well as a facilitator of healing trauma workshops for women. On my own path to healing an integrative and multimodal approach consisting of both traditional psychotherapy methods (e.g. CBT, EMDR, and EFT) and "out of the box" methods such as Yoga Therapy, Breath Work, Energy Healing, Art, Music, and Dance Movement combined with the creativity of my many parts assisted us in the development of our internal system communication, processing our story, working through the trauma and learning to speak our truth without shame under the guidance of a compassionate, nurturing, boundaried and loving long-term trauma therapist who came alongside us by holding the space as we collaboratively developed a road map for healing. I am here as a resource and as an advocate for all survivors of trauma.

Kathy Adams PhD

Kathleen Adams specializes in high functioning people with histories of attachment trauma; developmental trauma; preverbal trauma such as adoption, NiCU experience, medical insult, hospitalizations; Adverse Childhood Events (ACE); subtle dissociation and hidden chaos. She has written extensively about the devastating impact that chronic shock wreaks on our self esteem and ability to feel safe with others and in the world, and to retain hope of connection. She is currently writing a book on chronic shock.

Bonnie Reed Armstrong

Bonnie Armstrong is a life coach (ACC), an author, speaker, mental health advocate, mom, grandmother, and aspiring science geek and anthropologist. She discovered her dissociative disorder, her strong internal community, and the secrets of her childhood after a health crisis in her 50s. In 2012 she left her long career in children and family services to focus on healing, learning, and advocacy, a journey that has included the study of ancient wisdom traditions as well as new neuroscience. Bonnie holds a master's degree in Human Development from Pacific Oaks College. She and her remaining alters live together peacefully focused on their joint life's purpose: with every interaction, to reduce fear and aggression, and to increase the love and harmony in the world.

Kim Asher, M.S., LPC, CCH

Kim Asher, M.S., LPC, CCH is a licensed professional counselor treating adolescents and adults in individual and group therapies in Atlanta, GA. She has been licensed since 1999 and has experience working with rape crisis, childhood abuse, dissociative disorders as well as PTSD, anxiety and depression. Specializing in trauma work, Kim uses an eclectic style of therapy. She incorporates what she finds to be most helpful from years of training in numerous types of psychotherapy. Kim is trained in Brainspotting, EMDR and trauma-informed hypnotherapy which are powerful, focused treatment methods that work by identifying processing and releasing emotional/body pain and trauma. Kim believes our inner experience is directly related to our external one. Psychotherapy is an excellent way to bring changed to both for the better

Lyn Barrett

Lyn Barrett was diagnosed with DID in 1993 and has been happily integrated for 16 years. She is the author of her memoir, *Crazy: In Search of a Narrative* (soon to be published), and is a retired teacher, school principal, and pastor.

Laura S Brown, PhD

Laura Brown is a psychologist who has worked with survivors of complex trauma and people living with dissociation for more than four decades. Since 2019 her practice has been restricted to consultation and supervision of other therapists and forensic psychology in cases where trauma and dissociation are involved. She is the author of two books for survivors, *Your turn for care: Surviving the aging and death of the adults who harmed you*, and *Not the price of admission: Healthy relationships after childhood trauma*. She is a second degree black belt in aikido, the martial art of peace.

Madison Clell

The inner child movement seemed like a load of hoey to Madison Clell, so her ultimate irony was being diagnosed with dissociative identity disorder in 1992, and now even more ironically standing here in public talking about it. However, her friends and loved ones laughed in her face when she insisted she didn't have D.I.D, so after 8 years of incessant therapy she is integrated and wants to tell you all about it. She created autobiographical Cuckoo comics in 1996, followed by a CUCKOO graphic novel, and in 2009 CUCKOO the play was premiered in San Francisco to sold out audiences. More information on Madison's false bravado and the Cuckoo empire can be found at www.madisonclell.com

Cathy Collyer, OTR, LMT, CAPS

Cathy Collyer, OTR, LMT, CAPS is an occupational therapist in private practice in the NY metro area. She has treated adults and children in a variety of settings, including hospitals, outpatient clinics, and schools. One of her strong clinical interests is treating clients with trauma histories due to abuse of complex medical treatment. She has written and lectured on sensory processing treatment, clinical massage, and pediatric behavioral issues. She was a presenter at the February 2019 Infinite Mind conference.

Venn Crawford

Venn Crawford is an artist based in North Carolina. They hold a Bachelors in English and Art from Elon University and are currently attending North Carolina State University in pursuit of an accounting degree. Venn discovered their system in 2014, and instinctively turned to art and storytelling as a way to make sense of things. Through a blend of art, spirituality, and therapy, their system has found a path forward. In their spare time, they run a small online community for adults with DID and engage in activism in their local and online communities.

Dr. Cindy Kaufman

Dr. Cindy Kaufman has been an honored presenter for the Healing Together conferences in both Orlando and Boston. From Bucks County, PA, she is a dentist, scientist, speaker, writer and perpetual student of life. Her focus is to use her personal experiences along with her medical background and treatment history to help teach and support patients, clinicians and laymen alike, about DID, eating disorders and the mental healthcare system. While on our shared pandemic journey, she has admittedly muddled through from meltdown to prosperity and aims to inform others with DID and/or eating disorders on how they too can thrive in these uncharted times..

Randy Noblitt PhD

I am a professor of clinical psychology at Alliant International University where I teach psychotherapy and an elective on clinical dissociation to PsyD students. Previously, I was in private practice for 23 years during which I evaluated and treated over 300 individuals with DID. With Pamela Noblitt, I authored *Cult and Ritual Abuse: It's History, Anthropology and Recent Discovery in Contemporary America* (1995, 2000); *Cult and Ritual Abuse: Narratives, Evidence and Healing Approaches* (2014); and edited and contributed to *Ritual Abuse in the Twenty-first Century: Psychological, Forensic, Social and Political Considerations* (2008). Our newest book, *Social Security Disability Programs: A Handbook for Clinicians and Advocates*, is scheduled for publication in Spring, 2020.

Melissa Parker LMHC

Melissa is a survivor of complex trauma and psychiatric abuse who lives with DID. She is a psychotherapist at Center Psychotherapy, a group mental health practice in Arlington Massachusetts, where she specializes in the treatment of trauma. Melissa's work and perspectives are rooted in Transpersonal Theory, Neuroscience, Developmental Psychology, and principles of the Antipsychiatry Movement. Melissa seeks to work from a place of cultural humility and strives to improve upon her ability to be a worthy ally to BIPOC and fellow members of the LGBTQ community. Melissa's professional interests include working with individuals who live with dissociation, providing support to mental health professionals who have lived experience with trauma, learning more about MDMA assisted psychotherapy, developing her EMDR skills, and continued exploration of body based and expressive arts trauma therapies. Out and proud since 1993, and married to the love of her life since 1998, Melissa is a cat-mom of 4 spoiled felines. Personal interests include hiking, camping, cooking, reading, and writing.

Elizabeth Power, M. Ed.

Elizabeth Power is smart, funny, and compassionate. She's a leading voice in the world of all things trauma-responsive, even helping Japan craft their national model. As a person who has embraced functional multiplicity she lives and operates from a world that holds sacred the ability to develop robust and healthy internal relationships and to mirror those to the external world. An adjunct instructor in Psychiatry at Georgetown University Medical Center, she is Nashville-based. The Trauma-Informed Academy is her newest venture, and it offers all of her work in an online format complete with self-directed learning and interactive webinars.

K.D Roche

K.D. is a Human Trafficking Field Expert, LGBTQIA Advocate, and Multiple who has spent much of his time educating communities and training professionals on human trafficking and child exploitation. He has worked as a training and technical assistance expert for the Office for Victims of Crime and co-founded an LGBTQIA working group and Lived Experience Expert Working Group for the human trafficking task force in his home state of Indiana. He published his first book, "Fragments: A Post-Traumatic Paradigm" last year and hopes to have his next book out by the summer of 2021. Since learning about his DID diagnosis, he has learned how to share space and work together with his different parts to function as a team--"The Queerly Connected Collective" or "QC Squared" :)

Colin A. Ross, M.D

Colin A. Ross, M.D. is a Past President of the International Society for the Study of Trauma and Dissociation. He is the author of 32 books and 225 papers, many of them dealing with trauma and dissociation.

Larry Ruhl

Larry Ruhl is a visual artist and author of *Breaking the Ruhl*, a memoir about recovering from childhood sexual abuse and complex trauma. He has spoken at colleges and retreats to increase awareness of sexual abuse. He is a member of the RAINN Speakers Bureau. Today he shares his story publicly to help others shed the shame and stigma associated with sexual abuse and addiction. He graduated from the Fashion Institute of Technology (FIT), with a degree in Display & Exhibit Design.

Serenity Serseción PhD; They/Them/Their

Dr. Serseción is a plural, genderqueer, bilingual, Puerto Rican, and licensed clinical psychologist. Dr. Serseción has a private practice that focuses on the plural community, people of color, sexual and gender minorities, and people in various subcultures (kink, poly, furry, fandoms). Clinical focuses are depression, anxiety, trauma, and dissociation. They have worked as a clinician in various sites such as universities, community mental health agencies, hospitals and more. They were previously an interim director at a local LGBTQ+ specialty clinic. In addition to supervising new doctoral student clinicians and teaching psychology and diversity courses at various universities for over 5 years.

Jane Tambreé

Jane Tambreé was born and raised on Long Island, NY. She is a survivor of ritualistic sexual trauma, physical violence and emotional abuse. Jane was diagnosed with DID in her mid-20s. Educated at the University of Maryland, School of Social Work, (LCSW-C), Jane has 35 years of experience working as both a clinical and forensic social worker. She specializes in working with those who have suffered trauma, those marginalized and incarcerated, those diagnosed with psychotic disorders and asylees and refugees from East Africa. Jane currently lives in Maryland.

Kali Tambreé

Kali Tambreé is the only child of Jane Tambreé, and was born and raised in Maryland by Jane and her system. Kali has, from a young age, developed close relationships to many of Jane's alters, and considers a number of them siblings. She is currently based in California, where she is on track to receive her PhD in Sociology from UCLA. She is an abolitionist who supports political education in juvenile detention centers in the broader Los Angeles area.

Olga Trujillo

Olga Trujillo is an attorney, speaker, author and survivor. Her experience over the past 32 years has been as a private attorney, an attorney for the U.S. Department of Justice, a consultant to many local, state and national organizations. Olga is an internationally sought speaker and author. Olga is featured in the video "A Survivor's Story", a documentary and training video based on her personal experience of violence. Olga has authored a number of articles and publications. Her memoir for New Harbinger Publications entitled "The Sum of My Parts" was released in October 2011.

Amy Wagner, M.A., LMFT and LMHC

Amy Wagner, M.A., LMFT and LMHC is a trauma transformation therapist that specializes in helping people find the healing they are seeking through the use of EMDR, Expressive Arts and Sand Tray therapy. In her practice, Amy works with amazing humans who wish to blend their healing journey, dissociative superpowers and struggles with the relationships in their lives to create new meaning, joy and a life they wish to celebrate. Amy presents frequently on the topic of dissociation, trauma and relationships and is a EMDR Consultant. More importantly, Amy is a person who identifies as having a dissociative response and moves through the world celebrating the superpowers that dissociation can bring while being keenly aware of the devastation trauma can bring to our lives. She is an advocate for change in the mental health profession and strives to help reduce the stigma around dissociation

Colleen Walsh, M.Ed., LPC, CPRP

Colleen Walsh, M.Ed., LPC, CPRP is a licensed professional counselor who works with adolescents and adults in her private practice in Kennesaw, GA. Colleen is also a member of a poly-fragmented system. This combination of her lived experience with DID and her professional training and work as a therapist allows her to offer a unique perspective to both clients and other mental health professionals. Colleen specializes in working with LGBT+ clients, college students and people in the stabilization stage of trauma recovery. Colleen is a trauma-informed clinician who incorporates Dialectical Behavior Therapy (DBT), psychodynamic principles and person-centered therapy into her work with clients. She has extensive experience in using DBT to assist people in reducing their experience of strong emotions and self-defeating behaviors. Regardless of the theory or approach utilized, Colleen believes that the relationship between herself and the people she works with is the most important part of therapy.