

Dr. Adrian Fletcher is a Survivor with Lived Experience as well as Licensed Psychologist, Certified EMDR therapist and EMDRIA Approved Consultant in Scottsdale, Arizona. She has 17 years of professional experience working within the field of Mental Health in various roles and settings. She operates her own private practice and currently specializes in the treatment of trauma, dissociation, anxiety, stress management, coping skills, distress tolerance, and interpersonal effectiveness. She is also a writer, speaker, and advocate for survivors living with DID. She is also the founder of Alterchology™ a consultation service for survivors and their therapists. She believes brilliant minds can do great things but that dissociative minds can do multiple amazing things.