

Healing Together 2012-
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Dear attendees & presenters,

We are excited that you will be joining us for the second annual Healing Together Conference on January 28th and 29th, 2012. To make the process easier for you, please take some time to read through the Conference Q&A. It will answer many of your questions about the conference.

We look forward to seeing you in Sunny Florida!

Q: Where will be conference be held?

A: The conference will be held at the Wyndham Lake Buena Vista Resort, which is located on Disney Property. The physical address is 1850 Hotel Plaza Blvd, Lake Buena Vista, Florida 32830. The conference will be on level M. Feel free to visit the resort's [website](#) for more information about the guest rooms, services, and amenities.

There is a complimentary welcome reception with light appetizers from 8:30-9:30PM Friday evening. Come say hello to old friends and make new ones. Volunteers will be on hand if you would like to sign in during the reception.

Q: Is there is a discounted room rate?

A: Of course! Visit <http://www.wyndham.com/hotels/MCOLB/main.wnt> or call 1-800-624-4109 to book your room. When making your reservation, you must ask for the "**An Infinite Mind**" discount or use the group code **01276780AN**. This special rate is available for three (3) days before *and* after the conference should you wish to extend your stay in beautiful Orlando. This rate is available until January 12th so book today!

Q: I am flying into Orlando. Can I take a taxi or a shuttle to the resort?

A: Yes, both options are available.

Taxis are available and will run approximately \$55 each way. If you are coming with several people, this would be your least expensive option as you can share the cost.

A Mears Shuttle is available for \$33 each way. The shuttle operates 24 hours a day. You can purchase your tickets once you arrive in Orlando or you can purchase them in advance by visiting this [link](#).

Please ensure that your taxi/shuttle driver knows that you are going to the **Wyndham Lakes Resort in Lake Buena Vista**. The physical address is 1850 Hotel Plaza Blvd, Lake Buena Vista, Florida 32830. There is another Wyndham Lakes just up the road.

Q: I am flying into Orlando. Can I rent a car and drive to the resort?

A: Yes. There are many rental car companies located directly at the Orlando International Airport. Take a look at this [page](#) for more information. Please remember to visit [Google Maps](#) to obtain driving directions or rent a GPS.

The hotel also has rental car companies on site should you decide to rent a car once you arrive at the hotel.

Q: Is there a charge for parking?

A: Parking is *free* for attendees. You **DO NOT** have to pay the guest parking fee. Simply tell the valet you are attending the Healing Together conference and you will be provided with a key card to open the gate leading to the parking lot. If you prefer, the valet can park your car for you but you will need to pay the valet charge.

If you are staying on site, your parking is included with your room. Simply slide your room key into the gate located in the parking area for access.

Q: Breakfast is the most important meal of the day. What breakfast options will I have?

A: On Monday, Wednesdays, Fridays, and Sundays, there is a breakfast buffet, which starts at 7:30 AM. It costs \$17 per person. You can also choose to order items a la carte. The breakfast buffet is not available on Tuesdays, Thursdays or and Saturdays because.....

There is a [Disney character breakfast](#) on Tuesdays, Thursdays, and Saturdays from 7:30 AM to 10:30 AM at the Lakeview Restaurant. It costs \$22 per person.

There is also a coffee & snack bar in the lobby. It offers a wide assortment of self-serve food, including breakfast items, and beverages. It is open 24 hours a day

Q: I want to take pictures so I can remember this weekend. Is that okay?

A: We want to make sure that we respect and maintain the privacy of others. We are asking that you do not take pictures or film during the conference activities or on the conference floor. If you want to take pictures or film any footage outside, or away from the conference floor, you are more than welcome to. As always, please ask for permission prior to taking anyone's photograph.

Q: Do I really have to wear a name tag?

A: Yes, name tags are a must-have fashion accessory! We are asking all attendees to wear name tags at all times while on the conference floor. Name tags will be used so that you can be admitted into the conference area. Wearing a name tag helps us ensure the safety and security of everyone. If you lose your name tag, stop by the registration table and get a new one.

Q: I'm eager to learn and grow through this conference. But, what happens if I'm triggered?

A: We will have a Quiet Corner, which is a room where you can go if you need some grounding or you need some time alone to take a breather. Please keep your noise level low around the area, especially when you enter and exit the Quiet Corner. If you feel you might need further assistance, please contact a Healing Together Volunteer who will help you call your emergency contact. Please remember to use your support systems as you are responsible for your emotional and physical safety.

Q: In 2011, some participants participated in a focus group. Will that be replicated in 2012?

A: Yes, The University of Central Florida will be returning to conduct a follow-up study. They will meet with interested attendees in a private room and the meeting will be in a focus group format. More information will be available at the conference if you are interested in participating in this focus group. *Please note your participation in the focus group is entirely voluntary and confidential.*

Q: I heard something about a documentary crew. Can you give me more details?

A: [Docutainment Films](#) is interested in making a documentary to show the true struggles of people with DID. They will host a Q & A session on Saturday evening after the breakout sessions are finished. During this Q & A session, attendees will be able to learn more about their proposed project. Docutainment Films is also interested in your ideas – more specifically, what you would like to see or not see in this film. More information will be available at the conference. *Please note your participation in this Q & A session is entirely voluntary and confidential. **NO** filming is taking place at the conference.*

Q: Will you have art on display?

A: In 2011, we had an overwhelmingly positive response to the various art pieces on display! This year, we will have an expanded art area. We hope you will take time to browse the amazing art that survivors have made and that you will stop by the creative corner to make some art of your own!

Q: I noticed the agenda includes "optional peer groups". Can you give me more information about these groups?

A: On Saturday *and* Sunday morning (before the start of the sessions), there will be peer groups where attendees can participate in open-ended, general discussions. The groups will be facilitated by graduate students pursuing mental health counseling degrees. If there is a specific topic you want to discuss, feel free to post your own gathering on the board in the general area of the conference. *Please note your participation in these peer groups is entirely voluntary.*

Q: I noticed the agenda also includes AA meetings. Can you give me more information about these AA meetings?

A: At the end of each conference day, there will be an AA meeting. Participants are welcome to attend if interested. We will provide more information at the conference.

Q: Can I take a swim and enjoy the Florida sun?

A: Of course! The resort has a heated, outdoor pool with a children's water play area.

Q: I would like to visit a Disney attraction. What are my options?

A: There is a complimentary shuttle that can take you to your favorite [Walt Disney World® Theme Park](#). The resort is within walking distance to [Downtown Disney](#). You can also take the shuttle to Downtown Disney, which runs at night.

Disney World is offering conference attendees special discounted ticket prices! If you are interested in purchasing Disney tickets, [download the PDF for more info](#) and [check out all the options here](#).

Q: What types of fun things can I do at night? What is there to do in Orlando?

A: There is a free discount travel guide for Orlando attraction. The guide offers discounted attraction tickets, fantastic restaurant discounts, exciting nightlife and shopping discounts, golf specials and so much more! For more information, click on the image below:



CLICK HERE